



# Newberg FISH Emergency Service

*Friends In Service to Humanity • Newberg's Food Pantry*

## OCTOBER 2019 NEWSLETTER

*Published off and on, once in awhile, now and then, occasionally and whenever.*

# TOO MUCH OF A GOOD THING?

**Tell me, what is too much of a good thing?**  
**Food.**

**Food? How can anyone have too much food?**  
**Isn't FISH about those who do not have enough food?**  
**Correct. FISH is in the business of helping to feed the hungry.**  
**But, where does FISH get its food?**

**Oh!**

Some of the main sources during the summer are the community gardens. When they have too much of a good thing, they give it to FISH. The Newberg First United Methodist Church has one. Mustard Seed Farms, shares its surplus as does the Providence Employee Community Garden.

Another source is YCAP ☘. (Yamhill Community Action Partnership). YCAP ☘ gets some of its produce from Fresh Alliance which is a partnership of grocery stores who, rather than let excess produce spoil share with the Oregon Food Bank from which it is distributed to YCAP ☘ and other organizations.



Right: FISH Volunteer Margaret showing donated produce.

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## UNDER THE CATEGORY OF DID YOU KNOW

Did you know that all the food from YCAP is free?

It is? I heard FISH is charged 3.5 cents for Fresh Alliance supplies and 14 cents a pound for canned and other food stuffs.

It is, but that is not a price set for the food.  
It is our share of transportation costs.

Unless the gifts of food are brought to us directly by individual donors, the food is not just going to show up on our doorstep all by itself.

Someone has to bring it in a delivery vehicle. Labor and gasoline are not free. Thus a per-pound fee seems a fair way to spread the cost among the participating agencies.

Additionally, did you know that USDA food is totally free and delivered as a service of YCAP and is not subject to the cost sharing fee?

**"Tis the season to be... jolly?"**

**No, not quite. 'Tis the season to pick produce.**

**Oh. But didn't we say thank you for produce last newsletter?**

**Yes, we did, and the produce has kept on coming.**

**We highlight it again because the season is winding down. Corn is about done; beets have been dug, cabbages cut, beans and tomatoes picked, squash and watermelon ripened, and before long it will be pumpkin season.**

**Probably, while it is repetition, we cannot say it enough times:**

**THANK YOU.**



### FRIDAY FAMILY FOOD PROGRAM AT EDWARDS ELEMENTARY SCHOOL

has started up again and will continue through the school year. All of the elementary schools have weekend backpack programs to provide food for students when they are not in school, and Newberg FISH provides these weekend bags for some students at Edwards. The types of food FISH provides in these bags are breakfast items, such as oatmeal, cereal, and milk, and other meals like soup, mac and cheese, and other foods the youngsters can prepare for themselves if their parents are working. Once a month, FISH includes bread, a jar of peanut butter and jelly. This is always a big hit for the kids. FISH delivers these bags to Edwards on Thursdays and it is picked up by kids on Friday as they leave school.



## GRATITUDE GALORE!

Our thanks also go to **Mark Grier** and his work setting up a lunch as "volunteer appreciation" day. And another thank you goes to **Round Table Pizza** for the six free pizzas they provided for the occasion.

Do you know about **M V Advantages**? They are a social service agency that provides opportunities for mentally disabled adults to be of service. They do such things as clean the police and fire stations in McMinnville and the lobby area of **FISH** here on Tuesdays. We say thank you to them.

And we are grateful for the eight students and two adults from **George Fox University**. On "**Serve Day**" they cleaned the FISH facility from top to bottom. Wow, what a gift!

Below & right: FISH  
Volunteers on  
Appreciation Day.



Below: George Fox  
University students  
on "Serve Day"

